LIGHTHOUSE FOR LIFE
& MCEC PRESENT

RUN FOR HER LIFE

5TH ANNUAL 5k

SALUDA SHOALS PARK
6071 St. Andrews Road
COLUMBIA, SC 29212

SATURDAY, FEBRUARY 29TH
5K Run/Walk Start: 7:00 Pm

Cost: $35 - through January 31, 2020
$40 - after February 1st
Kids under 7 run for free (No registration required)
Register Online: http://runhard.org/lighthouse
At the top of the page, click on Community Races and click on the race.

Join us on February 29th, 2020 for the Run for Her Life 5K Glow Run/Walk. Presented by Lighthouse for Life & MCEC

Adult registration includes performance tshirt, glow sticks, race swag bag, etc.There will be no guarantee of a tshirt for those who register after February 15.

This is a family friendly event and is stroller friendly. Walkers are welcome.

Got questions?
Email 5Krace@lighthouseforlife.org or call 803.730.1054

LIGHTHOUSE FOR LIFE

MCEC
MID-CAROLINA ELECTRIC COOPERATIVE, INC.
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